

THE FORAGING BEE

Connect • Explore • Sustain

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REVIEWS

g.page/r/CS2Udt2rF2rYEBM/review



Scan for the shop, the workshops and the blog.

PRINCETON • SIMILKAMEEN VALLEY • BC



Natural Beekeeping the 3H Way

Happy bees. Healthy colonies. Heavy supers.

Raw honey and hand-crafted botanical
salves from our own yards, and
beekeeping taught from the outside in —
so you open the hive less and
understand more.

FORAGINGBEE.COM

Prices in Canadian dollars, changing with the season.

WHO IS TEACHING

Meet Mark Vanderende

MASTER BEEKEEPER • EST. 2021

Thirty years of bees in the Similkameen. Two Princeton yards and Rain Bird Farms in North Delta, all built on our own survivor stock — queens raised here, splits from our own colonies, no packages and no routine treatments.

WHAT SUCCESS LOOKS LIKE

- Stores enough honey to winter on their own merit
- Strong colonies on local, resilient queens
- A real surplus left after the bees are fed
- Bees still building when spring arrives

The method stands on Michael Bush's beekeeping logic, Michael Palmer's sustainable-apiary structure and Brother Adam's Buckfast breeding discipline — each credited, none of them speaking for me.

EVERY SECOND SUNDAY • APRIL TO OCTOBER

THE STANDARD

Three H's, in order

Happy

A colony doing what colonies do — calm, well-tempered, working the comb without drama. You can tell before the lid is off.

Healthy

Resilient bees on local survivor queens. We read behaviour and evidence first, and treat only when the read says we must.

Heavy

The honest measure: a real surplus left in the supers after the bees were fed for winter, and strong bees still there in spring.

Heavy comes last on purpose. A mass of honey means nothing if the colony could not get through winter on its own merit.

THE TILT READ

Six checks, eighteen points, no queen hunt. Tilt from the bottom with a little smoke: read the entrance, the weight, the frames of bees, the space and the swarm cells — then close the lid.

LEARN IT

Where to start

Four-module course

Natural Beekeeping the 3H Way, taught in order: read the hive, then act on what you read.

Sunday in the Hives

Every second Sunday, April through October. Coffee at 9:30, veils on by 10, done by noon. First season is free.

Workshops and school visits

In your classroom, your yard or ours — booked by the hour or the day.

EduBee Junior

A free kids' path in four levels with a printable badge at each one. A parent or teacher sets it up.

Beekeeper Circle

Free to join. Ask a question, post a photo, get an answer from beekeepers who have seen it before.

Forager's Dozen and Adopt-a-Hive

Year-long programs for people who want a standing place in the yards.

The Tilt Read guide

One page, six checks, eighteen points — free to print from the website before you ever open a hive.

Not sure where to begin? Sunday in the Hives is free for the first season and is the quickest way to see the method work.

[FORAGINGBEE.COM/WORKSHOPS](https://foragingbee.com/workshops)

PROVISIONS

From the yard

PRINCETON VALLEY GOLD — RAW HONEY

355 ml jar	\$15
500 ml jar	\$20
750 ml jar	\$29
3 kg pail	\$75

BOTANICAL SALVES AND HIVE GOODS

GUST lip shield, 1 oz	\$20
STRIDE chafe stick, 50 g	\$26
RIDGE alpine salve, 2 oz	\$28
FORGE first-aid balm, 2 oz	\$28
RESET recovery balm, 2 oz	\$30
SOLACE calm salve, 2 oz	\$30
GRIZZLY beard balm, 4 oz	\$34
SHIELD propolis tincture, 30 ml	\$36
Wildflower pollen, 150 g	\$18

The Christmas Hive Box

\$89

Four labelled salves and one bare jar of raw honey, boxed.

Pay at pickup in cash or by e-transfer.

Salve tins always carry a label. Honey jars stay bare — the seal is on the lid, not the glass.

[FORAGINGBEE.COM/PROVISIONS](https://foragingbee.com/provisions)

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